

GROENTE- EN FRUITSEIZOENSKALENDER

LEKKER
VAN BIJ
ONS

BESCHIKBAARHEID:

■ HOOG

■ GEMIDDELD

■ MOGELIJK

■ GEEN

GESCHIKT ALS BABYVOEDING:

VA. 4 MND.

VA. 6 MND.

VA. 8 MND.

VA. 12 MND.

| | JAN. | FEB. | MRT. | APR. | MEI | JUN. | JUL. | AUG. | SEP. | OKT. | NOV. | DEC. |
|---------------------|------|------|------|------|-----|------|------|------|------|------|------|------|
| Aardpeer | J | F | M | A | | | | | | O | N | D |
| Andijvie | | | M | A | M | J | J | A | S | O | N | D |
| Augurk | | | | | M | J | J | A | S | O | | |
| Asperge groen | | | | A | M | J | J | | | | | |
| Asperge wit | | F | M | A | M | J | J | | | | | |
| Aubergine | | F | M | A | M | J | J | A | S | O | N | |
| Bloemkool | J | F | M | A | M | J | J | A | S | O | N | D |
| Boerenkool | J | F | M | | | | | | S | O | N | D |
| Broccoli | | | | | M | J | J | A | S | O | N | D |
| Champignon | J | F | M | A | M | J | J | A | S | O | N | D |
| Chinese kool | J | F | M | A | M | J | J | A | S | O | N | D |
| Courgette | | | M | A | M | J | J | A | S | O | N | |
| Doperwtjes | | | | | M | J | J | A | | | | |
| Groene/witte selder | J | | | A | M | J | J | A | S | O | N | D |
| Kervel | J | F | M | A | M | J | J | A | S | O | N | D |
| Knolselder | J | F | M | A | M | J | J | A | S | O | N | D |
| Komkommer | J | F | M | A | M | J | J | A | S | O | N | D |
| Koolrabi | | | | | M | J | J | A | S | O | N | D |
| Oesterzwam | J | F | M | A | M | J | J | A | S | O | N | D |
| Paksoi | J | F | M | A | M | J | J | A | S | O | N | D |
| Paprika | | | M | A | M | J | J | A | S | O | | |
| Pastinaak | J | F | M | A | M | J | J | A | S | O | N | D |
| Peterselie | J | F | M | A | M | J | J | A | S | O | N | D |
| Pompoen | J | F | M | | | | J | A | S | O | N | D |
| Prei | J | F | M | A | M | J | J | A | S | O | N | D |
| Raap | J | F | M | | | | | | S | O | N | D |
| Rabarber | | F | M | A | M | J | J | A | S | O | | |
| Radijs | J | F | M | A | M | J | J | A | S | O | N | D |
| Rammenas | J | F | M | A | M | J | J | | S | O | N | D |
| Rode biet | J | F | M | A | M | J | J | A | S | O | N | D |
| Rodekool | J | F | M | A | M | J | J | A | S | O | N | D |
| Savooikool | J | F | M | A | M | J | J | A | S | O | N | D |
| Schorseneren | J | F | M | A | | | | | S | O | N | D |
| Shii-take | J | F | M | A | M | J | J | A | S | O | N | D |
| Sjalot | J | F | M | A | M | J | J | A | S | O | N | D |
| Slasoorten | J | F | M | A | M | J | J | A | S | O | N | D |
| Snijbonen | | | M | A | M | J | J | A | S | O | | |
| Spinazie | J | F | M | A | M | J | J | A | S | O | N | D |
| Spitskool | J | F | | | M | J | J | A | S | O | N | D |
| Spruiten | J | F | M | A | | | | A | S | O | N | D |
| Tomaten | J | F | M | A | M | J | J | A | S | O | N | D |
| Tuinboon | | | | | M | J | J | A | | | | |
| Tuinkers | J | F | M | A | M | J | J | A | S | O | N | D |
| Venkel | | | | A | M | J | J | A | S | O | N | |
| Warmoes/snijbiet | | | | | M | J | J | A | S | O | | |
| Waterkers | J | F | M | A | M | J | J | A | S | O | N | D |
| Witloof | J | F | M | A | M | J | J | A | S | O | N | D |
| Witte kool | J | F | | A | M | J | J | A | S | O | N | D |
| Wortelen [bussel] | J | F | | A | M | J | J | A | S | O | N | D |
| Zoete aardappel | J | F | M | A | M | | | | | O | N | D |
| Aardbei | J | F | M | A | M | J | J | A | S | O | N | D |
| Appel | J | F | M | A | M | J | J | A | S | O | N | D |
| Blauwe bes | | | | A | M | J | J | A | S | O | | |
| Braambes | | | | A | M | J | J | A | S | O | N | D |
| Framboos | | | | A | M | J | J | A | S | O | N | |
| Kers | | | | | | J | J | | | | | |
| Kiwibes | | | | | | | | A | S | O | | |
| Peer | J | F | M | A | M | J | J | A | S | O | N | D |
| Pruim | | | | | | | J | A | | | | |
| Rode bes | | | | | | J | J | A | S | O | N | |
| Stekelbes | | | | | M | J | J | A | S | | | |

